



*Lydia
& Zep*

Welcome to The Canine Coven

Hi, I'm Lydia from The Canine Coven, a dog trainer with over a decade of experience working with dogs, helping puppies and their owners build positive, lasting habits.

At The Canine Coven, I focus on building confidence through training with fun, reward-based techniques to make learning easy and enjoyable for both you and your pup.

This free enrichment guide is full of easy, practical ways to engage your dog's mind and bring more calmness to their day. Mental stimulation is a powerful tool, helping to prevent boredom and ease frustration. These simple activities, like scent games, puzzle games, and interactive play, are quick to set up and easy to fit into your daily routine. With the right enrichment, you'll build your dog's confidence, encourage calmness, and create a happier, more fulfilled companion.



**Want to train with me? Check the website
and socials for the next available Puppy
or Middle School course!**

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ENRICHMENT IDEAS

Try out some of these ideas with your dog and see how they enjoy them!



<input type="checkbox"/>	Treats rolled up in a towel	<input type="checkbox"/>	A puzzle toy with their food
<input type="checkbox"/>	Hide and seek (treats or yourself!)	<input type="checkbox"/>	Frozen Kong or a Licki Mat
<input type="checkbox"/>	Sniffari (let them sniff what they want on their walk)	<input type="checkbox"/>	Floating treat parcels (hang them from above)
<input type="checkbox"/>	Maze (use furniture or boxes & hide treats)	<input type="checkbox"/>	Obstacle course (furniture or agility equipment)
<input type="checkbox"/>	Shredding old cardboard or newspaper	<input type="checkbox"/>	Snuffle Mat
<input type="checkbox"/>	Treat Parcels (toilet roll tube/packages)	<input type="checkbox"/>	Muffin tin with tennis balls and treats underneath
<input type="checkbox"/>	Kiddie pool fun (fill with toys and sprinkle treats in)	<input type="checkbox"/>	Fun trick training session

